

# LOSE | GAIN

MEN

May  
2023

| Program                                     | Coach    | Timing<br>(Kuwait Local<br>Time) | Duration   | Price        | Available<br>Slots | Location        |
|---|----------|----------------------------------|--|--------------|--------------------|-----------------|
| S.O.S ACCELERATED 2.1 (LIVE)( PRE-RECORDED) | ABDULLAH | 04:30 PM                         | 30-40<br>MIN<br>5 DAYS<br>5 WEEKS<br>SUN-<br>THU | 65.000<br>KD | 0                  | Online<br>Class |