

LOSE | GAIN

MEN

May
2024

Program	Coach	Timing (Kuwait Local Time)	Duration	Price	Available Slots	Location
M.U.S.T III (LIVE) (PRE-RECORDED)	ABDULLAH	04:20 PM	30-40 MIN 5 DAYS 4 WEEKS SUN-THU	65.000 KD	∞	Online Class